Jesus, I Will Ponder Now

1 Jesus, I will ponder now on your holy passion;
2 Make me see your great distress, anguish, and affliction,
3 Yet, O Lord, not thus alone make me see your passion,
4 Let me view your pain and loss with repentant grieving,

let your Spirit now endow me for meditation.
bonds and blows and wretchedness and your crucifixion;
but its cause to me make known and its termination.
nor prepare again your cross by unholy living.

Grant that I in love and faith may the image cherish
make me see how scourge and rod, spear and nails, did wound you,
For I also and my sin wrought your deep affliction;
May I give you love for love! Hear me, O my Savior,

of your suffering, pain, and death, that I may not perish.
how you died for those, O God, who with thorns had crowned you.
this the shameful cause has been of your crucifixion.
that I may in heav’n above sing your praise forever.

Music: JESU KREUZ, LEIDEN UND PEIN, Melchior Vulpius, 1570–1615